

10A NCAC 06V .0502 PROFESSIONAL CONSULTATION REQUIRED

Under any of the approved methods of providing the preparation and delivery of meals service, the following requirements must be met to insure the provision of nutritionally sound meals to recipients of the service:

- (1) If prescribed in writing by a physician, a therapeutic diet must be provided following the pattern of an approved diet manual (available from a registered dietitian or nutritionist with the division of health services).
- (2) When the meal service is provided through a purchase of service contract or directly by the county department of social services, a registered dietitian or nutritionist must assist in the initial menu planning. At a minimum quarterly consultations with qualified professionals are required to assure appropriate menu planning and preparation of food for nutritious meals. In addition to a registered dietitian or nutritionist, other qualified professional personnel include but are not limited to the following: public health nurse, home economics teacher and extension service home economist.

*History Note: Authority G.S. 143B-153;
Eff. March 1, 1977;
Readopted Eff. October 31, 1977;
Amended Eff. July 1, 1990;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. September 6, 2016.*